



Job Documentation

JOB TITLE: Cardiac Rehabilitation - Registered Nurse	JOB CODE: S853
DEPARTMENT: Cardiac Rehabilitation	STATUS: Non-Exempt
SUPERVISES: NA	ADDENDUMS: NA
REPORTS TO: Cardiac Rehabilitation Manager	EFFECTIVE DATE: October 2020
	REVISED ON: TBD

PRIMARY FUNCTIONS

The Cardiac Registered Nurse provides direct and indirect patient care in the Cardiac Rehabilitation setting. Planning, coordinating, and implementing the delivery of quality nursing care for patients utilizing nursing process in the cardiac rehabilitation setting. Assesses the patient’s condition and nursing needs, sets goals, and prescribes appropriate nursing action to meet goals and needs of patient; including physical, psychological, social, rehabilitative needs and discharge planning. Communicates with Cardiac Rehab Director/Supervisor, physician, nursing as appropriate about changes in patient’s clinical condition including results of diagnostic studies and symptomatology.

Complies with department and organization-wide policies, Critical Access Hospital requirements, Safety and Infection Control, all and Federal and State of Nebraska regulation related to the performance of CCCH operations and requirements of the Compliance Program. Participates in professional growth and development.

QUALIFICATIONS

Education and/or Experience

- Graduation from an accredited nursing program
- Basic knowledge of cardiovascular disease, cardiovascular nursing
- 1 year med/surg. nursing experience

Certificates, Licensure, Registrations

- Current Nebraska RN license
- Current BLS, ACLS, PALS, TNCC, NALS certifications

GENERAL REQUIREMENTS

- Demonstrates commitment to the organizational mission, vision, and core values
- Maintains patient confidentiality at all times
- Evidence of good grooming, professional manner and conduct
- Ability to exercise professional judgment, courtesy, and professionalism in daily interactions with others
- Communicates effectively both orally and written to all disciplines
- Possesses ability to make independent decisions and changes
- Demonstrates teaching skills, understanding and language skills
- Exhibits excellent telephone and computer skills/knowledge
- Proper use of the EMR



- Serve as a role model to colleagues, students and other care providers
- Actively participate in continued learning opportunities and continued self-development pertinent to the duties of the job
- Able to operate all equipment correctly and safely
- Participate in QA programs, as needed
- Practices Standard Precautions
- Ability to sit, stand, bends and lift as job requires with the possibility of prolonged standing
- Able to adjust to frequent interruptions
- Risk of exposure to infectious waste and diseases
- Attends and participates in department designated meetings
- Able to perform other related duties as assigned

SIGNIFICANT DUTIES

- Explains procedures and treatments to patient to gain cooperation, understanding, and calm apprehension.
- Administers prescribed medications and treatments in accordance with approved nursing techniques
- Prepares equipment and aids Physician during treatment and examination of patients
- Explain exercise program or physiological testing procedures to participants.
- Observes patient, records significant conditions and reactions, and notifies supervisor or Physician of patient's condition and reaction to medication and treatments
- Takes temperature, pulse, blood pressure, and other vital signs to detect deviations from normal and assess condition of patient
- Initiates a patient education plan according to the individualized needs of the patient, as prescribed by Physician and/or hospital policy including patient and family instruction.
- Evaluates progress, adjusting strategies, and treatment to optimize outcomes
- Coordinate and carry out medical and nursing plans of care.
- Provides family and patient teaching
- Collaborates with the interdisciplinary team to coordinate and provide patient care
- Able to function and problem solve under minimal supervision
- Maintain knowledge of preauthorization as well as state and federal regulations pertaining to cardiac rehabilitation services
- Make referrals as needed for community/home health resources
- Accurate documentation in the patient chart
- Coordinate patient's rehabilitation sessions



Utilizes proper body mechanics, transfer/lifting techniques and appropriate equipment to minimize fall risk to patient and injury to self.

Physical Demands Checklist

PHYSICAL DEMAND REQUIREMENTS						
PHYSICAL ACTIVITY	FREQUENCY					ADDITIONAL INFORMATION
	Never	Rarely (0-25% of day)	Occasionally (26-50% of day)	Frequently (51-75% of day)	Continuously (76-100% of day)	
Lift: light weight (0-20 lbs.)					X	
Lift: moderate weight (20-35 lbs.)				X		
Lift: heavy weight (35-50 lbs.)				X		
Walk				X		
Bend				X		
Stand				X		
Sit				X		
Drive		X				
Climb		X				
Squat/crouch				X		
Kneel		X				
Push				X		
Pull				X		
Write					X	
Reach					X	
Grip					X	
Crawl		X				
Vision/read						X
Talk/verbal skills						X
Hear						X
Feel/tactile					X	
Concentrate in distracting environment					X	



SIGNATURES

This job description has been approved by all levels of management.

Manager

Date

HR

Date

Employee signature below constitutes employee's understanding of the requirements, essential functions and duties of the position.

Employee

Date