



Job Documentation

JOB TITLE: Physical Therapist	JOB CODE: S017
DEPARTMENT: Physical Therapy	STATUS: Non-Exempt
SUPERVISES: N/A	ADDENDUMS: NA
REPORTS TO: Physical Therapy Manager	EFFECTIVE DATE: 1/1/2021
	REVISED ON: 12/31/20

PRIMARY FUNCTIONS

Administers therapeutic treatments utilizing physical agents, biomechanical and neurophysiological principles and assistive devices in relieving pain, restoring maximum functions and preventing disability following disease or injury. Provides direct supervision of support personnel and students. Evaluates patients and develops patient care plans, provides direct patient care, documents all pertinent information, and educates patients and others regarding the treatment plan and procedures. For Home Services, may travel to patient home to render services.

Complies with department and organization-wide policies, Critical Access Hospital requirements, Safety and Infection Control, all and Federal and State of Nebraska regulation related to the performance of CCCH operations and requirements of the Compliance Program. Participates in professional growth and development.

QUALIFICATIONS

Education and/or Experience

- Bachelor’s Degree from an accredited college or university physical therapy program

Certificates, Licensure, Registrations

- Must be a Licensed Physical Therapist by the Nebraska Department of Health and Human Services and Board
- Basic Life Support (BLS)
- Completion of ongoing continuing education

GENERAL REQUIREMENTS

- Demonstrates commitment to the organizational mission, vision, and core values
- Maintains patient confidentiality at all times
- Evidence of good grooming, professional manner and conduct
- Ability to exercise professional judgment, courtesy, and professionalism in daily interactions with others
- Communicates effectively both orally and written to all disciplines
- Possesses ability to make independent decisions and changes



- Demonstrates teaching skills, understanding and language skills
- Exhibits excellent telephone and computer skills/knowledge
- Proper use of the EMR
- Serve as a role model to colleagues, students and other care providers
- Actively participate in continued learning opportunities and continued self-development pertinent to the duties of the job
- Able to operate all equipment correctly and safely
- Participate in QA programs, as needed
- Practices Standard Precautions
- Ability to sit, stand, bends and lift as job requires with the possibility of prolonged standing
- Able to adjust to frequent interruptions
- Risk of exposure to infectious waste and diseases
- Attends and participates in department designated meetings
- Able to perform other related duties as assigned

SIGNIFICANT DUTIES

- Reviews Physician's referral (prescription) and patient's condition and medical records to determine physical therapy treatment required.
- Tests and measures patient's strength, motor development, sensory perception, functional capacity, and respiratory and circulatory efficiency, and records findings to develop or revise treatment programs.
- Plans and prepares written treatment program based on evaluation of patient data.
- Administers manual exercises to improve and maintain function.
- Instructs, motivates, and assists patient to perform various physical activities and in use of assistant and supportive devices such as crutches, canes, and prostheses.
- Administers treatments involving application of physical agents.
- Evaluates effects of treatment at various stages and adjusts treatments to achieve maximum benefit.
- Administers massage.
- Administers traction to relieve pain.
- Records treatment, response, and progress in patient's chart or enters information into computer.
- Instructs patient and family in treatment procedures to be continued at home.
- Evaluates, fits, and adjusts prosthetic and orthotic devices and recommends modification to Orthotist.
- Confers with Physician and other practitioners to obtain additional patient information, suggest revisions in treatment program, and integrate physical therapy treatment with other aspects of patient's health care.
- Orients, instructs, and directs work activities of assistants, aides, and students.
- Plans and conducts lectures and training programs on physical therapy and related topics for medical staff, students, and community groups.
- Plans and develops physical therapy research programs and participates in conducting research.



Utilizes proper body mechanics, transfer/lifting techniques and appropriate equipment to minimize fall risk to patient and injury to self.

Physical Demands Checklist

PHYSICAL DEMAND REQUIREMENTS						
PHYSICAL ACTIVITY	FREQUENCY					ADDITIONAL INFORMATION
	Never	Rarely (0-25% of day)	Occasionally (26-50% of day)	Frequently (51-75% of day)	Continuously (76-100% of day)	
Lift: light weight (0-20 lbs.)					X	
Lift: moderate weight (20-35 lbs.)				X		
Lift: heavy weight (35-50 lbs.)			X			
Walk				X		
Bend				X		
Stand				X		
Sit				X		
Drive		X				
Climb			X			
Squat/crouch				X		
Kneel			X			
Push				X		
Pull				X		
Write					X	
Reach					X	
Grip					X	
Crawl			X			
Vision/read					X	
Talk/verbal skills					X	
Hear					X	
Feel/tactile					X	
Concentrate in distracting environment				X		



SIGNATURES

This job description has been approved by all levels of management.

Manager

Date

HR

Date

Employee signature below constitutes employee's understanding of the requirements, essential functions and duties of the position.

Employee

Date