

Job Description

Cardiac Rehab (RN)

Job Code: 151040

Reports To: Cardiac Rehab Director

FLSA Status: Non-Exempt

Department: Cardiac Rehab

Status: Fulltime 32

Schedule: M, M-F

Provide direct and indirect patient care in the Cardiac Rehabilitation setting. Communicates with Cardiac Rehab Director/Supervisor, physician, nursing and all other co-workers, as appropriated about patient's clinical condition including results of diagnostic studies and symptomatology. Is able to respond quickly and accurately to change in condition or response to treatment.

Basic Skills

- Giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
- Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.
- Understanding written sentences and paragraphs in work related documents.
- Talking to others to convey information effectively.
- Communicating effectively.

Social Skills

- Teaching others how to do something.
- Actively looking for ways to help people.

Technical Skills

- Watching gauges, dials, or other indicators to make sure a machine is working properly.
- Conducting tests and inspections of products, services, or processes to evaluate quality or performance.
- Generating or adapting equipment and technology to serve user needs.
- Controlling operations of equipment.

Desktop Computer Skills

- **Databases** - Using a computer application to manage large amounts of information, including creating and editing simple databases, inputting data, retrieving specific records, and creating reports to communicate the information.
- **Internet** - Using a computer application to create, manipulate, edit, and show virtual slide presentations.
- **Navigation** - Using scroll bars, a mouse, and dialog boxes to work within the computer's operating system. Being able to access and switch between applications and files of interest.

Task/Detailed Work Activities

- Explains procedures and treatments to patient to gain cooperation, understanding, and calm apprehension.
- Administers prescribed medications and treatments in accordance with approved nursing techniques.
- Prepares equipment and aids Physician during treatment and examination of patient.
- Explain exercise program or physiological testing procedures to participants.
- Maintains awareness of comfort and safety needs of patient.
- Observes patient, records significant conditions and reactions, and notifies supervisor or Physician of patient's condition and reaction to drugs, treatments, and significant incidents.
- Takes temperature, pulse, blood pressure, and other vital signs to detect deviations from normal and assess condition of patient.
- Responds to life saving situations based upon nursing standards, policies, procedures, and protocol.
- Documents nursing history and physical assessment for assigned patients.
- Initiates a patient education plan according to the individualized needs of the patient, as prescribed by Physician and/or hospital policy including patient and family instruction.
- Participates in department or unit quality improvement activities.

Work Activities

- Getting Information
- Updating and Using Relevant Knowledge
- Assisting and Caring for Others
- Performing General Physical Activities
- Establishing and Maintaining Interpersonal Relationships
- Making Decisions and Solving Problems
- Communicating with Supervisors, Peers, or Subordinates
- Documenting/Recording Information
- Communicate health and wellness information to the public.
- Conduct research to increase knowledge about medical issues.
- Develop exercise or conditioning programs.
- Evaluate patient functioning, capabilities, or health.
- Explain medical procedures or test results to patients or family members.
- Maintain medical equipment or instruments.

Certificates and Licenses

RN License ACLS/BLS Certification required.

Cardiac rehabilitation experience is preferred, although not required.

Physical Demands

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The employee must frequently lift and/or move up to 10 pounds and occasionally lift and/or move up to 25 pounds. Specific vision abilities required by this job include Close vision, Distance vision, Peripheral vision, Depth perception and Ability to adjust focus. While performing the duties of this Job, the employee is regularly required to stand; walk; use hands to finger, handle, or feel and talk or hear. The employee is occasionally required to sit; climb or balance; stoop, kneel, crouch, or crawl and taste or smell.

Other Duties

Please note this job description is not designed to cover or contain a comprehensive listing of activities, duties or responsibilities that are required of the employee for this job. Duties, responsibilities and activities may change at any time with or without notice.

Signatures

This job description has been approved by all levels of management.

Manager Date

HR Date

Employee signature below constitutes employee's understanding of the requirements, essential functions and duties of the position.

Employee Date